



**Id-Dar tal-Providenza**  
Homes of Persons with Disabilities

## **53 HOUR VOLLEYBALL MARATHON 2025**

### **RULES AND REGULATIONS**

Organizing Committee of the 53 Hour Volleyball Marathon for Id-Dar tal-Providenza

#### **Introduction**

1. The 53 Hour Volleyball Marathon (Marathon) is organized by Id-Dar tal-Providenza. The main aim of this activity is to collect funds for Id-Dar tal-Providenza (DTP).
2. The Chairperson of the Organizing Committee has the final say in all issues related to the organisation of the Marathon. The Chairperson may delegate these duties to third parties.
3. The Technical Director (TD) will be responsible for all issues related to the general preparation of the players who will take part in the Marathon.
4. All individuals who would like to take part as players in the Marathon are to abide by these Rules and Regulations.
5. Any request for additional information should be addressed to the organisers by mail to: The Chairperson, Volleyball Marathon, c/o Id-Dar tal-Providenza, Lapsi Road, Siggiewi SGW2822.

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### Qualification

6. Online applications for participation as players for the 2025 Marathon will be accepted only between the 28 April 2025 and the 30 May 2025, both days inclusive.
7. Medical Examination Forms, Data Protection Consent Forms, Church Personnel Self-Declaration and Commitment Declaration Forms and Parental Consent Forms, where applicable, are to be passed on to the TD by the deadline for applications via email on [volleyball@dartalprovidenza.org](mailto:volleyball@dartalprovidenza.org). Prospective players will only be allowed to participate in the training sessions once these forms are handed in and cleared by the TD.
8. The training programme will be issued together with the application forms so that applicants can make the necessary arrangements for participation. The training programme may change only if strictly necessary and at the discretion of the TD.
9. Attendance for all activities organized by the Committee for the duration of the training programme is obligatory and carries points valid for the final selection.
10. Those players who are not selected to proceed to the respective phases are highly encouraged to give their contribution in different capacities towards the success of the Marathon.
11. Applicants must be 14 years of age or older by the date of the first training session.

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### Expected Behaviour of Athlete Volunteers

#### 12. Commitment to the Cause

Athlete volunteers are expected to remember that this marathon is first and foremost a fundraising event. Your enthusiasm, presence, and effort help raise awareness and vital funds for Id-Dar tal-Providenza.

#### 13. Positive Attitude

It's a marathon—literally! Tiredness is real, but so is the power of encouragement and a smile. A positive and uplifting attitude goes a long way in keeping the energy high and the spirit of the event alive.

#### 14. Time Responsibility

Punctuality is essential. Be on time for shifts, training sessions, team briefings, and any scheduled duties.

#### 15. Health & Safety Awareness

Take care of yourself and others. Follow any medical or health-related advice, and report anything that may pose a risk to players or the public.

#### 16. Representation of Id-Dar tal-Providenza

As a participant, you're also an ambassador. Please conduct yourself in a way that reflects the dignity and values of Id-Dar tal-Providenza at all times, both on and off the court.

#### 17. Zero Tolerance for Misconduct

Aggressive behaviour, foul language, substance abuse, or harassment of any kind will not be tolerated and may lead to immediate disqualification and removal from the event.

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**Phase One**

18. All those who apply to take part in the Marathon as players will be expected to follow Phase One of the Training Programme as outlined by the TD.
19. Phase One will include eight (8) training sessions, a 12-Hour Trial and will come to an end with the 24-Hour Trial as outlined in the Training Programme.
20. The points system for Phase One (Total 510) will be awarded by the technical team and will be divided as follows:
  - a. Attendance (1 point per half hour, including the 12-Hour Trial and the 24-Hour Trial) – Total 106 points
  - b. Technical Ability (10 points per training session, 30 points for the 12-Hour Trial and 60 points for the 24-Hour Trial) – Total 160 points
  - c. Attitude and Behaviour (5 points per training session, 20 points for the 12-Hour Trial and 40 points for the 24-Hour Trial) – Total 100 points
  - d. Physical Ability (34 points given out during the training sessions, 30 points for the 12-Hour Trial and 60 points for the 24-Hour Trial) – Total 124 points
  - e. Donations - 20 points will be awarded to those players who collect €150 towards the Marathon. Donations are to be presented to the TD by the start of the 24-Hour Trial.
21. At the end of Phase One, forty (40) players will be selected to proceed to Phase Two. All players will be informed of the selection electronically.
22. In case of a tie at the end of Phase One, the players will be chosen according to the points obtained in the following order:  
Technical Ability; Attitude/Behaviour; Physical Ability; Attendance.

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### Phase Two

23. The final list of 40 players to take part in the Marathon shall be approved by the Organising Committee.
24. All those who successfully complete Phase One will be expected to follow Phase Two of the Training Programme in full.
25. All those who do not successfully complete Phase Two will be placed on a waiting list according to the criteria outlined in section 22. Should any of the 40 selected players not be able to complete Phase Two, players on the waiting list will be asked to join Phase Two according on the ranking obtained.
26. Phase Two does not carry any points but those selected are not allowed to miss more than one training session, in part or in full. Any players who miss or know that they will have to miss more than one training session will forfeit their place in favour of the next in line.
27. The 40 players chosen to take part in Phase Two and Marathon will be divided into five (5) teams of eight (8) players each. A captain and vice-captain will be assigned to each team.

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### **The 53-Hour Volleyball Marathon**

28. Players chosen to take part in the Marathon will be expected to remain at DTP for the duration of the Marathon. Only in case of a serious reason may a player leave the premises after obtaining authorisation from the Chairperson or TD.
29. Players are to follow the schedule prepared by the TD regarding playing times, rest times, meal times and all other related activities.
30. In the absence of anything found in these Rules and Regulations that supersedes them, the Marathon will be played according to the FIVB Volleyball Rules. The main exception is that matches will not finish when one of the teams wins three sets, but teams will continue playing until the end of that particular period.
31. Players taking part in the Marathon are expected to play according to the spirit of this activity, that is, to play fair at all times.
32. Players taking part in the Marathon are expected to conduct themselves in a way which does not go against the true idea of sportsmanship and generally acceptable behaviour. Players who regularly go against this idea might be asked to stop taking part in the Marathon and leave the premises.
33. Any other issues that are not covered by these Rules and Regulations will be decided upon by the Chairperson of the Organising Committee and/or the TD.

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### Training Schedule

#### Marathon Training Schedule 2025

Session Number	Day	Date	Month	Start	End	Location
1	Saturday	7	June	17:30	19:30	DTP
2	Monday	9	June	17:30	19:30	Pembroke
3	Wednesday	11	June	17:30	19:30	Pembroke
4	Saturday	14	June	15:30	18:30	Pembroke
5	Monday	16	June	17:30	19:30	Pembroke
6	Wednesday	18	June	17:30	19:30	Pembroke
<b>12 Hour Trial</b>	Saturday	21	June	21:00	09:00	TBC
	Sunday	22				
7	Monday	23	June	17:30	19:30	Pembroke
8	Wednesday	25	June	17:30	19:30	Pembroke
<b>24 Hour Trial</b>	Saturday	28	June	11:00	11:00	DTP
	Sunday	29	June			
Final Selection						
9	Wednesday	2	July	17:30	19:30	Pembroke
10	Saturday	5	July	15:30	18:30	Pembroke
11	Monday	7	July	17:30	19:30	Pembroke
12	Wednesday	9	July	17:30	19:30	Pembroke
13	Saturday	12	July	15:30	18:30	TBC
14	Monday	14	July	17:30	19:30	DTP
15	Wednesday	16	July	17:30	19:30	DTP
<b>53 Hour Volleyball Marathon</b>	Friday	18	July	18:45	23:45	DTP
	Sunday	20				

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